

CranioSacral Therapy – Brain Inflammation, Head Trauma & NFL

The study discusses research focused on NFL player's head trauma; however, singular events are also discussed – “these cells kick into high gear in people who sustain a single severe blow to the head, and that this may be associated with cognitive impairment (Ramlackhansingh et al., 2011). Researchers theorize that after brain injury, chronic inflammation contributes to cellular and structural damage, leading to depression and cognitive decline.”

<http://www.alzforum.org/news/research-news/nfl-players-brain-inflammation-may-persist-years-after-head-trauma>